

RON'S MEATBALLS

Ground beef (part sirloin)

Bread (sandwich or any kind) soaked in water – squeeze out and crumble with meat, onion, parsley, garlic pepper and garlic salt

Salt to taste

Roll and brown in olive oil – drain oil and add small amount of wine (any kind)

Simmer until done or you can finish cooking in the spaghetti sauce

5# of meat makes about 30 meatballs